

Tips for Eating Soup Properly



*The
Etiquette School
Of
Northeast Georgia, LLC*

678.889.4814

Tips for Eating Soup Properly

There are cream soups and clear soups. Although these soups are served in different types of bowls, the way to eat them is similar. There are differences in the way you rest and close out with your spoon. Here are ten things to help you eat soup properly.

1. Don't slurp the soup.
2. Don't blow your soup to cool it down. You and/or your table companions may end up with soup all over you/them.
3. Don't put your face in the bowl. Sit up straight and bend forward from your back.
4. No shoveling the soup into your mouth. You aren't eating at a trough, and this leads to having your face down in the bowl.
5. Don't scrape your spoon in the bowl.
6. Don't tilt your bowl to get that last bite of soup. You just have to leave it.
7. After you have dipped your spoon into the soup, take the spoon toward the back of the soup bowl, gently wipe your spoon on the rim, and then raise the spoon to your nose looking straight ahead and eat.
8. No sipping. Put the spoon into your mouth.
9. When resting, leave the spoon in the bowl. If you are using a lug soup bowl, your spoon goes on the service plate when resting. A lug soup bowl is one with handles and is narrower and deeper in design.
10. When finished eating the soup from a rimmed bowl, take the spoon and leave it on the service plate. If you are using a lug soup bowl, leave the spoon on the service plate also.

If you have any questions please feel free to contact me.